



# Lobster Pod Bistro

# FOOD MENU

SEAFOOD • PIZZA • SIDES • DRINKS



## STARTERS & LIGHT MEALS

- HOMEMADE HOUMOUS** | £5.00 chickpeas, roasted carrot & garlic, coriander, tahini, cumin with salad
- ARTICHOKE SALAD** | £6.50 onions, olives, sun-dried tomatoes, tomatoes, capers, artichokes, rosemary, herb oil
- LOBSTER POD BISTRO SEAFOOD PÂTÉ** | £7.50 blend of fish, crayfish & lobster glaze with a salad
- PRAWN COCKTAIL** | £8.50 a classic prawn cocktail with a homemade lobster marie-rose sauce
- POTTED CRAB** | £11.50 brown and white crab topped with the spiced butter and pickled cucumber salad

All above served with a freshly baked bread roll\*

- DUSTED CALAMARI RINGS & TENTACLES** | £6.50 | £8.50 (With chips) with bistro made chilli or garlic mayo
- PULLED BEEF BRISKET BURGER** | £13.50 cooked in a bbq sauce, brioche bun with gherkins, slaw & chips
- CHICKEN FILLET BURGER** | £10.50 2 battered fillets, chlli mayo, brioche bun, slaw & chips
- HALLOUMI AND MUSHROOM BURGER** | £10.50 deep fried halloumi, grilled mushroom, brioche bun, garlic mayo, slaw & chips
- JUMBO COD FISH FINGERS (3)** | £8.50 with chips & peas or sweetcorn

- LOCAL MUSSELS STEAMED IN HERON VALLEY CIDER & SAGE BUTTER**
  - starter with bread roll | £9.00
  - main with chips | £14.00

## BISTRO JACKET POTATOES

All served with a side salad

- Vegan cheese add £1.50
- CHEESE & COLESLAW** | £6.50
- BEANS & CHEESE** | £6.50
- ARTICHOKE SALAD** | £7.50
- PRAWNS IN MARIE-ROSE SAUCE** | £8.50
- CRAB MEAT WITH GARLIC BUTTER** | £11.50

**Lobster Picnic**

For special occasions you can enjoy our Lobster picnic basket for two on Hope Cove beach. A table and chairs will be provided. Please ask for more details. Must be pre-booked

## SOUP & CHOWDER

- HOMEMADE SEAFOOD CHOWDER** | £7.00 | £8.25 (With bread roll\*) white fish, prawns, crab meat, vegetables & cream
- SEASONAL VEGETABLE SOUP** | £5.00 | £6.25 (With bread roll\*) please check with your server

## STONE BAKED PIZZAS

10" hand-stretched base baked in our own stone pizza oven. All pizzas come topped with a rich tomato sauce, mozzarella, cheddar & parmesan

Gluten free 10" crust add £1.50 Vegan cheese add £2.50

- MARGHERITA** | £8.50 slices of fresh tomato & basil
- ARTICHOKE** | £9.50 bistro made artichoke salad & olives
- MUSHROOM** | £9.50 fresh sliced mushrooms, thyme & red onion
- PEPPERONI** | £9.50 slices of pepperoni, fresh chillies & peppers
- MEAT FEAST** | £14.00 ham, chicken, chorizo & pulled beef brisket
- SEAFOOD** | £13.00 bechamel sauce base with samphire, white fish, crayfish & prawns
- CRAB** | £14.50 bechamel sauce base with samphire, white & brown crab meat

## SHARING PLATTERS

served with freshly baked bread rolls\* & butter

- SEAFOOD PLATTER FOR 2** | £40.00 two fish of the day (chef's choice only), potted crab, prawns, crevettes, seafood pate, squid rings, artichoke salad, cherry tomatoes, cucumber, mixed salad, coleslaw, olives
- LOBSTER PLATTER FOR 2** | £25.00 + PRICE OF LOBSTER whole Lobster, potted crab, prawns, crevettes, seafood pate, panko squid rings, artichoke salad, cherry tomatoes, cucumber, mixed salad, coleslaw, olives
- VEGETARIAN PLATTER FOR 2** | £22.00 two mediterranean vegetable puff pastry tarts, homemade houmous, artichoke salad, coleslaw, feta cheese, olives, tomatoes, sweet corn, mixed salad, cucumber



## FISH OF THE DAY / FRESH LOBSTER



- Choose your fish or size of lobster (please see boards or ask our staff for options and prices)
- Choose chips OR new potatoes OR jacket potato with butter & peas with samphire OR mixed leaf salad
- Enjoy your meal and the beautiful view

### ALLERGY AND LIFESTYLE ICONS

- Cereals
- Eggs
- Milk
- Peanuts
- Soya
- Crustaceans
- Fish
- Molluscs
- Sesame
- Tree Nuts
- Lupin
- Mustard
- SO2
- \*option available
- Suitable for vegetarians
- Suitable for vegans

### CHILDREN'S MENU

- Margherita Pizza (7") £2.50
- Pepperoni Pizza (7") £3.50
- Jumbo Cod Fish Fingers (2) £2.50 with chips & peas or sweetcorn
- Battered Chicken Fillet £2.50 with chips & peas or sweetcorn
- Spaghetti & tomato sauce topped with cheese £2.50

### SIDES

- Bowl of peas £1.50 with samphire £2.00
- Bowl of sweetcorn £1.50
- Mixed Leaf Salad with house dressing £3.50
- Bowl of Mixed Olives £4.00
- Basket of bread rolls (2) & butter £2.50
- Gluten free bread rolls (2) & butter £3.50
- Jacket potato with butter £3.50
- Chips £3.50 £3.50
- Cheesy Chips £4.50 £3.50
- Vegan cheese add £1.50 £8.50

### DESSERTS

- Flapjack £2.50
- Chocolate brownie £3.50
- Yarde Farm ice cream (120ml tub) £2.50 vanilla, strawberry, honeycomb, salted caramel, chunky chocolate, mint choc chip
- Gluten free treats £3.50 (please check with your server)

Gluten free options are not made by us & are individually wrapped